WP2
Partners

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FACT
A significant part of the causes of climate change and diseases can be solved just by eating right... right?

CHALLENGE
As consumers, policy makers, retailers, opinion leaders and story tellers we want to be part of the solution in creating healthier food environments, but we may lack accurate and evidence-based knowledge and tools for building the route which people can easily follow.

HOW
WP2, using existing and new data combined with sophisticated modelling techniques, creates food-based dietary guidelines based on climate-smart crops.

ACTION
Implement the guidelines focusing on urban areas, and target especially small children with undernutrition and women suffering from undernutrition and women in reproductive age who are overweight. WP2 will also create a knowledge toolbox that includes learning materials for enhancing behavioral change among the target groups.

OUR APPROACH
“WP2 aspires to support food systems actors to transform policies, and practices toward climate smart, culturally accepted and affordable foods that diversify dietary intake, alleviating all forms of malnutrition.”

Collect detailed dietary data from toddlers and their mothers living in urban areas of Sub-Saharan African countries to identify dietary patterns and gaps in dietary intake.

Review food consumption in Sub-Saharan Africa and Europe to understand the state and drivers of malnutrition.

Generate knowledge toolbox for communications and capacity building.

Develop diet models that inform developing urban, climate-smart and food-based dietary guidelines.

Plan implementation of the food-based dietary guidelines in co-creation with local actors.